



# VERMONT ZEN CENTER WINTER 2022

**SITTINGS:** Monday through Friday 6–7 am; Tuesday & Thursday 6:30–8:30 pm; Sunday 9–10:15 am

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Chanting & Altar take-down	3 FINDING YOUR SEAT	4	5	6 Chanting	7	8
9 Teisho	10	11 Chanting	12	13	14	15 WORKSHOP
16 ANNUAL MEETING	17	18	19	20 Chanting	21	22 Workday
23 KANNON CEREMONY	24 ZC Closed	25 Chanting	26	27	28	29
30 Teisho	31					

FEBRUARY

		1	2	3 Sesshin Deadline FAMINE RELIEF CEREMONY	4	5
6 Teisho	7 FINDING YOUR SEAT	8 Chanting	9	10	11	12
13 Sesshin Workday	14	15 PARINIRVANA CEREMONY	16	17	18 Vermont 3-Day Sesshin	
20	21 ZC Closed	22	23	24 Chanting	25	26
27 Sitting— No Teisho	28					
ROSHI ON BREAK						

MARCH

		1 Chanting	2	3	4	5
ROSHI ON BREAK						
6 Sangha Entertainment	7 FINDING YOUR SEAT	8	9	10 Chanting	11	12
ROSHI ON BREAK						
13 Sitting— No Teisho	14	15 Chanting	16 Metta 1	17	18	19
ROSHI ON BREAK						
20 Sitting— No Teisho	21	22	23 Metta 2	24 Chanting	25	26 Workday
ROSHI ON BREAK						
27 Workday	28 ZC Closed	29 TEMPLE NIGHT	30 Metta 3	31 TEMPLE NIGHT		